

Training Ideas for Volunteers with Governance Responsibilities

4. Workshop “Team building” in Alsopahok,

10th May – 12th May 2012

Participants	Country / Organisation
1. Mr Andreas Fritsch Mrs Jennifer Becker Mrs Lisa Huber	Kolpingwerk Diözesanverband München und Freising, Germany
2. Mrs Bozena Michalek Mrs Izolda Mila Mrs Grazyna Rzepka- Plachta	Zwiazek Centralny Dzieła Kolpinga w Polsce, Poland
3. Mrs Christina Babeu Mrs Lavinia-Cristina Zamfir Mr Daniel Benchea	Kolping Romania, Romania
4. Mrs Siegrid Apollonio Mr Kurt Egger Mr Alexander Maccagnola Mrs Elizabeth Pernol Mr Willy Plank	Kolpingwerk Südtirol, Italy
5. Mrs Alexandra Cser Mrs Judit Hudson Mr Peter Esküdt Mr Janos Földes Mrs Eszter Kovaccs Mr Laszlo Meszaros Mr Tamas Michelberger	Magyar Kolping Szövetseg, Hungary
6. Mr Vladimir Matena Mrs Katerina Erdingerova Mrs Vera Matenova	Kolpingovo dilo České Republiky; Czech Republic
7. Mrs Daniela Stehlik	Kolpingwerk Europa, Köln, Germany

Date	Activities
10th May 2012	1st Workshop Day
Introduction	Arrival and lunch Welcome remarks from the host organisation and the coordinator,

	presentation of the program
Rules for the group	<p>The trainers suggested 6 rules for the group, which they had drawn as symbols and hanged up:</p> <ul style="list-style-type: none"> - Be on time (clock) - No cell phones (cellphone with a cross) - Ask questions (question mark) - Smile and be friendly (smile) - Pay attention to one another (1x1) - If something is unclear or disturbing, this will be taken up first (STOP-sign)
Getting to know each other	<p>Signatures</p> <p>All participants received a paper with 10 statements (like He/She has the biggest family, he/she has visited more than 20 countries). Then all participants walked through the room and tried to find people who fit the description. After about 20 minutes the people gathered again. The trainers checked who the person was when only a single person was searched for and let everyone sign for the other questions (e.g. all people who have visited more than 20 countries).</p> <p>It was a good exercise to get to know people and to find topics for small talk.</p>
Success stories	<p>What was the greatest success story of your organisation in 2011?</p> <p>Each group choose one example and one person presented it.</p>
Swimming	In the evening the group enjoyed the swimming pool in Alsopahok.
11th May 2012	2nd Workshop Day
Morning gymnastic	We started the morning before breakfast with a gymnastic outside.
Daily introduction	The trainers emphasized the importance of having daily routines in teams. As exampled they used the daily routine they use for introductions. The trainers always use an idiom or a saying to start the day.
Theory of team building and self-analysis	<p>A short introduction into the theory of team building was provided and the different phases a team undergoes discussed (Forming – storming – norming – performing). One participant provided examples from her experience as school teacher. We also analysed what characteristics are important for a team and what elements are needed. Important for a team is a clear goal and active members.</p> <p>Afterwards each participant filled in a questionnaire and analysed his/her team role. In this questionnaire nine team roles were identified and it was interesting to see that in our group all roles were present.</p> <p>In small groups the attitudes of a moderator were discussed and due to time there was no group discussion but the trainers gave some advice.</p>

Outdoor team building exercises	In the afternoon we drove to an island. On the island we spitted in four groups and started to discover the island. Our task was to find 12 spots where we had pictures from and to talk the picture at the same place – with our team on the picture. We then returned the camera and in the evening the winners were announced. During another excise we had to plan how we manage to build as a team – blind folded – an isosceles triangle. For the planning phase we were not allowed to use the rope or any other support.
Visit to Zalavár castle island	We visited the area od the ancient church of the island where today a modern and with rich symbolic decorated small church is build, where Sain Cyril and Methodus carried out theris missionary acitivity, together with Saint Benedictic.
Church service	Before dinner we celebrated a church service with the national Praeses from Kolping Hungary, Mr Ferenc Kövesi.
Wine tasting	Wine tasting and information about different wine regions in Hungary
12th May 2012	3rd Workshop Day
Quotation: Intoduction to the topic of the day:	To the person who doesn't know where he wants to go, ther is no favorable wind. Mission, and Vision. Debriefing the outdoor exercises: Small group exercises: Why do we use group work and games? Summary: To enhance tam spirit, to teach emotional content by doing instead of talking about it. To provide self-experience. Rules: Never ask the group to play or execute a task, when you do not know the purpose of it. Mission and Vision. National teams defining the most important messages their community wants to represent in their countries. Presenataion of the team results. Closing ceremony and team photo
Evaluation	The participants enjoyed very much the program and the exercises. Important was, that the trainers explained the methods well so that participants can transfer them to their working context.
Next workshop	The next workshop will take place in Bolzano, South Tyrol. The topic will be moderation and facilitation. The organisers received some feedback on what aspects the participants considered most relevant.

To do list

What	Who	When
Program and financial information for the fourth workshop in Italy	Otto von Dellemann	5 th March 2012

Participation list	All partners	23 rd April 2012
Final program	Otto von Dellemann	30 rd April 2012
Coordinator meeting	Daniela	10 th September 2012
5 th Workshop in South Tyrol	All	11 th – 13 th September 2012
The new homepage from Kolping Europe is online with a platform for the learning partnership. The new media policy is still in work.	Daniela	ongoing